



SASH
Support After
Sexual Harm

Our services

Information for families

Support After Sexual Harm (SASH) Service

The Royal Children's Hospital Melbourne
50 Flemington Road Parkville
Victoria 3052 Australia
Telephone +61 3 9345 6391
www.rch.org.au/sash

SASH is a free and voluntary specialist sexual assault service for children. We provide services in community-based sites in Western Melbourne and at The Royal Children's Hospital (RCH).

Gatehouse provides counselling and support for children and young people aged 0 to 17 who have:

- experienced sexual harm
- engaged in harmful or problematic sexual behaviour
- recently experienced sexual assault or just told someone about it and come to the RCH for help

We also provide counselling and support to parents/ carers of children who have experienced sexual harm/ engaged in harmful sexual behaviour.



Counselling can help children and families to:

- talk about strong feelings and emotions such as anger, sadness and guilt
- understand that their/their child's experience was not their fault
- reduce anxiety or distress
- improve communication issues and address conflict
- understand and identify harmful sexual behaviour
- understand their rights and options

The counsellor's role is to:

- provide a safe space to explore and express thoughts and feelings
- support parents and carers to ensure their child/ children are safe
- advocate for the child and family's rights
- provide information about other services and make referrals where needed
- support children and families to recover from their experience

Referrals and consultation

- To make a referral or to talk about what support we can offer after sexual harm, call us on **03 9345 6391** or email **sash@rch.org.au**
- SASH is open Monday to Friday, 9am to 5pm.
- For more information about what to expect from SASH, scan the QR code.

Visit SASH

Scan the QR code for further information about SASH

